



Overview of PSHE EYFS – Y6

EYFS		
Autumn/Summer: Relationships Unit: Feelings and friendships	Spring: Health and well-being Unit: Health and hygiene	Autumn/Summer: Living in the Wider world Unit: Changes & responsibilities
Cycle 1		
Key Stage 1		
Autumn: Relationships Unit: Safe relationships	Spring: Health and well being Unit: Keeping Healthy (including mental health)	Summer: Living in the Wider World Unit: Growing up and responsibilities
Lower Key Stage 2		
Autumn: Relationships Unit: Respectful relationships	Spring: Health and well-being Unit: Healthy lifestyles (including mental health)	Summer: Living in the Wider World Unit: Digital resilience
Upper Key Stage 2		
Autumn/Spring: Health and well-being Unit: Keeping safe (incl. managing risk and habits)	Spring/Summer: Relationships Unit: Different Relationships Summer: Health and well-being Unit: Changes (SRE) – links to HH Kids (Y6 x 3 lessons) & HH Kids (Y5 girls x 1 lesson)	
Annually: Living in the Wider World Unit: Financial Education 2 – link to Money Mentors Programme – (3 lessons across the year)		
Cycle 2		
Key Stage 1		
Autumn: Health and well being Unit: Personal Safety	Spring: Relationships Unit: Managing relationships	Summer: Living in the Wider World Unit: Financial Education 1
Lower Key Stage 2		
Autumn: Health and well being Unit: Health and Safety (incl. 1 st Aid)	Spring: Relationships Unit: Positive Relationships	Summer: Living in the Wider World Unit: Rules, laws, rights and responsibilities
Upper Key Stage 2		
Autumn/Spring: Living in the Wider World Unit: Aspirations, work and career	Spring/Summer: Relationships Unit: Challenging Discrimination Summer: Health and well-being Unit: Changes (SRE) – links to HH Kids (Y6 x 3 lessons) & HH Kids (Y5 girls x 1 lesson)	
Annually: Living in the Wider World Unit: Financial Education 2 – links to Money Mentors Programme – (3 lessons across the year)		
Anti-bullying (this will be taught annually to all year groups: EYFS - Y6)		
Autumn - Anti-bullying Lesson 1: cyber (TBA in E-safety lesson) Lesson 2: verbal	Spring - Anti-bullying Lesson 3: physical Lesson 4: racism	Summer - Anti-bullying Lesson 5: sexism and gender Lesson 6: homophobic